

Prospector Burgers

Serves 4

Ingredients

1 lb Ground beef (I prefer 80/20 ground chuck)

¼ cup Onion, minced

¼ cup Bell pepper, minced

½ cup Prospector's Pick BBQ Sauce

4 Buns

1. Preheat grill.
2. In a medium size mixing bowl, combine beef, onions, peppers and sauce. Mix well and form into four patties.
3. Spray patties with non-stick vegetable spray and grill for about 8 minutes (do not smash the burger as this will squeeze out all of the yummy juices). Turn burgers and cook for about 5-7 minutes more or until a minimum temperature of 155°F.
4. Remove from heat and serve.